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COUMADIN INSTRUCTIONS

PHYSICIAN: _____

PATIENT NAME _____

LOCATION _____

1. Remember to take Coumadin (generic-warfarin) the same time each day, preferably with your evening meal.
2. Have blood drawn before 10:00 a.m. to insure your Protime results get to our office by 4:00 p.m.
3. Call our office on the following day after having blood draw to get your Protime results, if you haven't heard from us.
4. Watch for symptoms of bleeding, excessive bruising, black tarry stools, nosebleeds, etc.
5. Call our office with any medications changes including supplements.
6. Please take time to review The Coumadin Booklet regarding diet and its effect on Coumadin. Please don't avoid foods high in vitamin K, but be consistent each week. For example, if you are used to eating a dinner salad nightly; you may continue this habit. Just don't stop eating salads!
7. You will need to have your blood drawn 1-2 times per week until you are therapeutic (blood thin enough) on your Coumadin.
8. Will it be OK to leave message on answering machine _____ yes _____ no. If no, we need alternate phone number _____.
9. You will need to CONTACT your Insurance Company to CONFIRM COVERAGE for protime testing. If your insurance does not cover this test, then you will be responsible for the cost of the protime testing.
10. "Coumadin Clinical Billing Information" has been given to the patient. _____
11. You will be given _____ mg tablets

Your dosing is as follows:

_____ mg on _____	_____ mg on _____
_____ mg on _____	_____ mg on _____
_____ mg on _____	_____ mg on _____

Check Protime (name of blood test) on _____

Date: _____

Signature of Patient

Signature of Nurse