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ABDOMINAL ULTRASOUND PREP SHEET

(For AAA, Iliac and Renal Doppler Scans)

PATIENT NAME _____

APPT DATE _____ APPT TIME _____

- **Do not eat for at least 8 hours before the exam. If you have morning medication, take it with small sips of water. (If you have diabetes, please contact your doctor for special instructions).**
- **Do Not Smoke for at least 8 hours prior to the exam.**
- **For 2 days before the test, please refrain from any gaseous types of food. Avoid foods like: Cabbage, Broccoli, Greens, Beans, Soda pop. Avoid any food that causes you intestinal gas. Since we ask that you not to eat prior to the exam, office will schedule these exams in the morning.**